## **Neuroendocrine Neoplasms (NENs)**

## What are Neuroendocrine Neoplasms (NENs)?

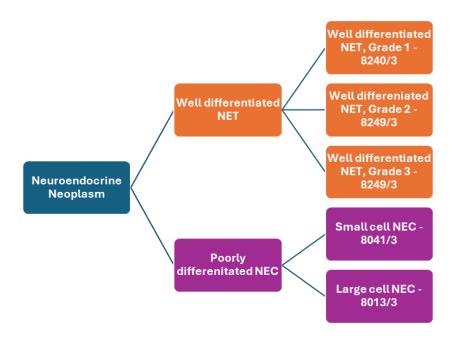
- Term "neuroendocrine" is applied to widely dispersed cells with "neuro" and "endocrine" properties
- Based on clinical behavior, histology, and proliferation rate, NENs are generally categorized as low-grade indolent tumors vs. high-grade aggressive carcinomas
  - o Relevant for prognosis and treatment choices
    - However, distinctions aren't very clear
  - We know them typically as neuroendocrine tumors (NETs) and neuroendocrine carcinomas (NECs)

# Neuroendocrine Tumors (NETs)

- These can develop anywhere endocrine cells are present
  - Endocrine cells help regulate various body functions and are distributed throughout the body
- Almost all NETs are considered malignant.
  There are just differences in how aggressive they are.

# Neuroendocrine Carcinomas (NECs)

- These are rare and aggressive form of cancers that arise from neuroendocrine cells
- These are solid "sheetlike" proliferation of tumor cells with irregular nuclei, high mitotic features, and less cytoplasmic secretory granules
- Neuroendocrine component has to exceed 30% to be called an NEC



### **Are Neuroendocrine Tumors reportable?**

In short, yes. However, be sure to follow reportability instructions in SEER Coding Manual.

A neuroendocrine tumorlet of lung and non-lung sites is not reportable. A tumorlet is a tumor of neuroendocrine differentiation, defined by size <5mm, mitotic count <2, and absence of necrosis.

#### **Histologic Grade**

Grade doesn't always correlate with clinical behavior for NENs.

- There is a subset of NENs with a low-histologic grade appearance that may behave aggressively with rapid growth and metastasis matching those of high-grade NEC.
- Grade for these tumors is not based on the cancer cells and how they resemble normal cells. This is an exception to how other tumors are graded.
  - NCCN recommends the inclusion of tumor differentiation, mitotic rate, and Ki-67 in the pathology report with specification of the particular classification and grading scheme to avoid confusion.

### **Assigning Grade:**

 Some neuroendocrine histologies have a grade or differentiation as part of the actual ICD-O histologic term. This is describing something other than the differentiation of the tumor cells and is not used to assign grade.

Grade is based on mitotic count and/or Ki-67 (Grade Table 07)

Ki-67		Mitotic Rate	WHO Grade	Grade
< 3%	AND	< 2*	1	1
3-20%	OR	2-20	2	2
< 20%	OR	> 20	3	3

<sup>\*</sup>Many times, if Ki-67 is less than 3, mitotic count is not done

 For sites where Grade Table 07 apply and you don't have Ki-67 or mitotic count or a stated WHO Grade (G1, 2, or 3), then assign grade 9 (unknown).

## How do I determine the correct histology?

- 1. Use the **Solid Tumor Rules** (use the most recent release).
- 2. If the histology isn't in the Solid Tumor Rules, then use the **ICD-O updates**. Personally, I prefer using the *Annotated Histology List* (<a href="https://www.naaccr.org/icdo3/">https://www.naaccr.org/icdo3/</a>).
- 3. If you still can't locate the histology, submit a question to **Ask a SEER Registrar**.

The following tables are for your reference and **NOT** to be used to determine the appropriate histology code, grade, or reportability.

Termi	nology	Grade Term	Ki-67	Histology
NET, G1		Low	<3%	8240
NET, G2	Well differentiated	Intermediate	3-20%	8249
NET, G3 [2021+]		High	>20%	8249
NEC, small cell type		High	>20%	8041
NEC, large cell type	Poorly differentiated			8013
NEC, NOS				8246
NEN	Poorly differentiated			8246
				(2021+)
NET	Moderately			8249
	differentiated			

**Site-Specific Neuroendocrine Histologies** 

Site-Specific Neuroendocrine Histologies					
Site	Terminology	Applicable years	Histology		
C54_; C559	NEC, High Grade	2018+	8041		
C50_	NEC, Poorly Diff	2018+	8041		
C25	Pancreatic NET, nonfunctioning/Clear cell NET, non-functioning pancreas	2021+	8150		
C301	Middle Ear NET	2026+	8240		
C44_	NEC, primary cutaneous	2021+	8247		
C721	Cauda equina NET	2023+	8693		
C751	PitNET (pituitary neuroendocrine tumor)	2023+	8272		

#### Resources:

https://www.upmc.com/services/endocrinology/conditions/neuroendocrine-carcinomas

https://pmc.ncbi.nlm.nih.gov/articles/PMC5678742/

https://cancerbulletin.facs.org/forums/node/124336